

RELEASE AND WAIVER OF LIABILITY BY VOLUNTEER

This Release and Waiver of Liability (the "Release") signed on the date set forth below by the volunteer (Volunteer) whose name is also set forth below, releases the Los Angeles Firemen's Relief Association (LAFRA), a non-profit corporation organized under the laws of the State of California, and each of its trustees, officers, employees and agents. The Volunteer desires to provide volunteer services to LAFRA in a variety of capacities, as directed by LAFRA, all of which are aimed at carrying out the charitable purposes for which LAFRA was incorporated.

Volunteer understands that the scope of Volunteer's relationship with LAFRA is limited to a volunteer position and that no compensation is expected in return for services provided by Volunteer; that LAFRA will not provide any benefits traditionally associated with employment to Volunteer; and that Volunteer is responsible for his/her own insurance coverage in the event of personal injury or illness as a result of, or during, Volunteer's services to LAFRA.

The following numbered paragraphs contain the remaining terms of the Release:

- 1. Waiver and Release.** Volunteer releases and forever discharges and hold harmless LAFRA and its successors and assigns from any and all liability, claims, and demands of whatever kind or nature, which arise from the services Volunteer performs for LAFRA. Volunteer understands and acknowledges that this Release discharges LAFRA from any liability or claim that Volunteer may have against LAFRA with respect to bodily injury, personal injury, illness, death or property damage that may result from the services provided LAFRA or occurring while Volunteer is providing volunteer services.
- 2. Insurance.** Volunteer understands that LAFRA does not assume any responsibility to provide Volunteer with financial or other assistance, including, but not limited to medical (including emergency medical), health or disability benefits or insurance of any nature in the event of injury, illness, death or damage to property. Nothing contained herein, however, shall preclude LAFRA, in its sole and exclusive discretion, from obtaining insurance in the nature of liability insurance covering any potential liability of LAFRA with respect to any volunteer activities carried out by Volunteer.
- 3. Other.** Volunteer expressly agrees that this Release is intended to be as broad and inclusive as permitted under the laws of the State of California which laws shall govern the interpretation of the Release. Volunteer agrees that in the event any clause or provision of this Release is deemed invalid or unenforceable, the remaining provisions of this Release shall not be impacted.

By signing below, I express my understanding and intent to enter into this Release willingly and voluntarily. If Volunteer is under the age of 18, a parent or guardian must sign and indicate relationship to the Volunteer